



Four-Week Packing List

The list indicates the kind and quantity of items the average camper needs. Please use it as a guide.

Important! Everything has to be labeled with your camper's name!

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| <ul style="list-style-type: none"><input type="checkbox"/> 2 blankets<input type="checkbox"/> 1 pillow<input type="checkbox"/> 4 twin-sized sheets<input type="checkbox"/> 3 pillow cases<input type="checkbox"/> 8 towels<input type="checkbox"/> 2 wash cloths<input type="checkbox"/> 1 bathrobe (optional)<input type="checkbox"/> 1 pair of shower shoes/flip flops<input type="checkbox"/> 1 heavy sweater or jacket<input type="checkbox"/> 1 pair of sturdy shoes for hikes<input type="checkbox"/> 2 pairs of sneakers<input type="checkbox"/> 3-4 bathing suits<input type="checkbox"/> 16 pairs of socks<input type="checkbox"/> 3 pajamas; 2 light, 1 heavy<input type="checkbox"/> 4 pairs of jeans or pants<input type="checkbox"/> 1 light colored, lightweight pair of pants for hikes<input type="checkbox"/> 1 light colored, lightweight shirt for hikes<input type="checkbox"/> 16 sets of underwear<input type="checkbox"/> 10 pair shorts<input type="checkbox"/> 1 raincoat or poncho with a hood or rain hat<input type="checkbox"/> 1 pair of waterproof boots<input type="checkbox"/> 12 t-shirts<input type="checkbox"/> 3 long sleeve shirts | <ul style="list-style-type: none"><input type="checkbox"/> 2 white shirts for Shabbat (Campers wear a white shirt on Friday evenings.)<input type="checkbox"/> 2 sweatshirts<input type="checkbox"/> 1-2 hats<input type="checkbox"/> sunglasses<input type="checkbox"/> soap, toothpaste, shampoo<input type="checkbox"/> comb and brush<input type="checkbox"/> toothbrush and holder<input type="checkbox"/> flashlight with extra batteries<input type="checkbox"/> laundry bag<input type="checkbox"/> musical instrument (optional)<input type="checkbox"/> reading material/quiet games<input type="checkbox"/> posters/decorations for cabin<input type="checkbox"/> pens / pencils<input type="checkbox"/> digital camera (optional)<input type="checkbox"/> pre-addressed postcards or envelopes<input type="checkbox"/> writing paper and stamps<input type="checkbox"/> softball glove (optional)<input type="checkbox"/> sleeping bag<input type="checkbox"/> sunscreen<input type="checkbox"/> insect repellent (nontoxic preferred) |
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Baggage:

- Label all luggage (including sleeping bags and hand luggage) with two sturdy name tags—one inside and one outside the bag—showing your child's name, address, and age.
- Please use suitcases and/or soft-sided duffel bags, no trunks.
- Be kind to the staff who will carry the luggage: avoid very heavy bags. Use multiple bags instead.

Laundry:

- Laundry service is provided once each week. It is not recommended for delicate, expensive, or never-before-washed clothing. Camp is not responsible for lost or damaged clothing.
- Younger children tend to run out of clothing a little faster; you may want to add to the above list.

Leave at Home:

- Prohibited: Fireworks, drugs, alcohol, cigarettes, matches, weapons, or other dangerous instruments. Cell phones, devices that have touch screens, large fans, appliances for heating food, knives, music with violent, sexual, or profane lyrics.
- Recommended to avoid: Hair dryers, jewelry, expensive clothing, expensive electronic games/equipment.
- Food or candy on Mainside: Food of any kind is not permitted on Mainside. Confiscated food will not be returned.
- Food or candy on Teenside: Permitted if it is **nut and tree-nut free**, kosher (out of respect for bunkmates) and if you bring an airtight storage container no larger than 27-1/8" x 16" x 6-1/4" h. All food items must fit in this container.